

Peter Aiers of The CCT tells us why he walked on hot coals

A Christmas message from everyone here at E-Bound AVX Ltd



The E-Bound Voice Page 2

E-Bound's Top **Tips for 2018**.

Here at E-Bound, we share lots of useful tips to help protect your church and these are some of what we think are the most effective over the year.

Effective lighting is often not thought about, strategically placed motion sensor lights with short timers can be used to light up anyone that may be trespassing without aiding their activities and lighting the way for them. Mentioned in May / June edition of The E-Bound Voice.

SelectaDNA is a forensic marking aerosol, it's easily traceable for the Police to secure convictions. We believe it's one of the best ways to help track church assets.

Mentioned in March / April edition of The E-Bound Voice.

A scaffold alarm for when your church is having external work or restoration. E-Bound provide scaffold alarms that we believe are the best way to help protect your church during building works. Mentioned in May / June edition of The E-Bound Voice.

A simple but effective tip is hiding or chaining bins out of view and inaccessible. If left out on view, they can be easily moved and used for roof access.

The E-Bound Voice Page 3

Chief Executive of The Churches Conservation Trust, Peter Aiers talks about why he thinks historic churches are worth walking over hot coals for.

I've taken part in various fundraising stunts in my time, but none as nerve-wracking as walking over hot coals. This daring feat (or should I say 'feet') was undertaken recently in the centre of York, near to where we have one of our most visited churches, Holy Trinity, Goodramgate.

As the group of brave fire-walkers, including some of my CCT colleagues, gathered for the safety briefing, I took one last look at my feet. Would they ever be the same again? Is this actually possible without severely injuring myself? Luckily we were in the safe hands of UK Firewalk, who organise numerous charity and corporate firewalks across the country.

I was asked to light the fire at the beginning of the evening and as we watched the flames ignite with a whooshing sound, we wondered what on earth we had got ourselves into.

Thankfully, I was reassured that we wouldn't be walking until the flames had died down and burned to red-hot embers. It is then raked level and prepared for the walk.

It is real there is no trickery, no hypnotism and no magic covering applied to feet. I was reliably informed, via a heat sensor, that the temperature of the coals was around 1,200 degrees Fahrenheit. Gulp! So, my turn came and after stepping onto wet grass to prepare my feet, I nervously took my first step on the now glowing embers.



The E-Bound Voice Page 4



One step, two steps, I carried on walking, not wanting to go too slowly... it was like walking on hot sand at the beach, not an unpleasant sensation... and finally it was over.

The crowd cheered and I breathed a sigh of relief. It was a truly bizarre experience and one that I would definitely do again.

Most importantly, I raised over £1000 for CCT (a very big thank you to E-Bound for their generous donation).



However, this is just one of many fundraising activities that take place in aid of CCT. We have volunteers and friends groups carrying out all sorts of events and activities throughout the country, from concerts and lectures to flower festivals and tea parties. Historic churches come with large repair and conservation needs and without this help, we would not be able to care for the 353 churches in our care.

Sadly, a large proportion of our time is spent on remedial work in the wake of theft and vandalism, most notably, lead theft from church roofs. Our 2018 annual fundraising appeal is focussed on raising £50,000 for a fighting fund to tackle heritage crime and while around 20% of listed buildings are harmed by crime every year, the figure is almost double for listed places of worship. Although these figures are stark, we are working with Historic England, local police forces and volunteers to tackle the problem and working with E-Bound to install roof alarms is part of our preventative work. The loss and damage to our heritage is devastating as these buildings belong to us all. Their architecture, fabric and contents form a precious collection of public art – free for everyone to experience and draw inspiration from. We want to keep the doors open for all to enjoy, now and long into the future.

Find out more about CCT and our annual appeal at

www.visitchurches.org.uk